



# Kerry Weekend Hike

9<sup>th</sup>/10<sup>th</sup> March 2019



## Meeting Saturday 9<sup>th</sup>:

**Time:** 09:45

**Location:** Glenflesk,

- We will meet up here and continue in convoy to the starting point for the hike.

## Directions to drop off point on Saturday morning:

- Distance: 111 Km
- Time: 1 hr 30 min (according to AA)
- Head towards Killarney N40/N22
- Meet at petrol station in village
- Continue in convoy to the starting point for the hike (approx. 10 km)

## Collection Sunday 10<sup>th</sup>:

**Time:** 1.00 pm

**Location:** Muckross area (exact location will be texted)

## General information:

**Weekend Cost:** €20

**Phone numbers of Scout leaders on site:** Kevin - 0879192688 or Dave - 0876344340

**Emergency Contact:** Martina – 0872320718





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## Gear List:

As this is a winter hike it will be extremely cold in the hills (below freezing on high ground). **Scouts must be prepared for such conditions.**

The following is a list of MANDATORY gear that each scout must have. As these are essential safety items, we cannot bring scouts onto the hills without them. If scouts arrive without all of these items they will not be allowed to partake.

Base Layer – Thermal top, long sleeve for winter. Synthetic <b>not cotton</b>	Track suit bottoms/ Leggings/ walking trousers, These should be warm, or consider two layers– <b><u>No Jeans No cotton tracksuits</u></b>	Rucksack – all gear must be packed securely into this rucksack
Mid Layer – Light fleece, sweat shirt	Hiking Boots & Thick Socks	Cereal Bars/ Fruit/ Sweets (Snickers, Mars Bar etc)
Top Layer – Warm fleece, thick jumper	Hat and Gloves Optional spare gloves for after snowball fight	Spare Socks, Spare Base, Spare Mid Layer
Rain Gear – Jacket and Over Trousers	Packed Lunch Flask of tea/ soup	

A second bag with (not taken on the hike):

- Sleeping bag and suitable sleeping clothing
- Wash gear and towel
- Clothes to wear post the hike
- Clothing for the hike for the next day.
- Some pocket money as we may find a shop (not guaranteed)

As this is a weekend hike, dinner on the Saturday and breakfast & lunch on the Sunday will be provided.

Note: As with all scout activities we have a strict NO PHONE policy please support us in this. Scouts can use the designated phones if they need to call home.