Distress Signal

- Transmitting a spoken voice Mayday message by radio over VHF channel 16
- Sending the Morse code SOS (… --- …) by light flashes or sounds
- Burning a red flare (either hand-held or aerial parachute flare)
- Emitting orange smoke from a canister
- Raising and lowering slowly and repeatedly both arms outstretched to each side
- Making a continuous sound with any fog-signalling apparatus